



Washington State  
Annual Program Performance Report

October 1, 2001 – September 30, 2002

Developmental Disabilities Basic State Grant Program  
Developmental Disabilities Assistance and Bill of Rights Act of 2000,  
Part B  
Federal Assistance to State Developmental Disabilities Councils





**Annual Program  
Performance Report  
October 1, 2001 - September 30, 2002**

Submitted to:

Administration on Developmental Disabilities  
Administration on Children and Families  
US Department of Health and Human Services  
December 2002

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## INTRODUCTION

Developmental Disabilities Councils are authorized in the Developmental Disabilities Assistance and Bill of Rights Act (PL 106-402).

The federal law directs the Developmental Disabilities Council (DDC) to engage in advocacy, capacity building, and systemic change activities in order to contribute to a system of services and supports for people with developmental disabilities and their families that are:

- Coordinated,
- Consumer/family centered and directed,
- Comprehensive,
- Culturally competent, and
- Includes needed community services, individualized supports, and other forms of assistance.

These supports and services are intended to promote:

- Self-Determination,
- Independence,
- Productivity, and
- Integration and inclusion in all facets of community life.

During this reporting period, the DDC worked toward the following goals:

- Child care – Children and families benefit from a range of inclusive flexible child care options.
- Education & Early Intervention – Students reach their educational goals. Infants and young children (birth to nine) reach their developmental potential.
- Employment – Adults with developmental disabilities who want to work will have jobs.
- Health – All people are as healthy as they can and want to be and benefit from the full range of health services.
- Housing – People with developmental disabilities live where and with whom they want.
- Other Services – Formal and Informal Community Supports – Individuals have access to other services available or offered in a community, including formal and informal supports that improve their quality of life.

- Quality Assurance – People have the information, skills, opportunities, and supports to live free from abuse, neglect, financial and sexual exploitation, and violation of their human and legal rights and the inappropriate use of restraints or seclusion.
- Transportation – People with developmental disabilities and their families have transportation services for work, school, health, and personal needs.

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## **SECTION I: THE COUNCIL**

The Washington State Developmental Disabilities Council (DDC) was established April 27, 1976 by Executive Order 96-06. The DDC's Designated State Agency is the Washington State Department of Community, Trade and Economic Development.

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## **SECTION II: REPORTING YEAR STATE TRENDS**

### State Economy & Budget

Washington is facing decreasing revenue and high unemployment. The legislature faces an estimated \$2 to 2.5 billion deficit for 2003-2005.

Medicaid and health care costs are primary budget drivers, including prescription drug costs and increasing enrollment.

The State constitution requires funding of basic education. Education is a top priority of the Governor and the public. Education and human services are the major recipients of state funds. So with a deficit, no new revenue, and education as the priority – it is expected that majority of cuts will be in human services.

### State Supplemental Payment (SSP) Program

The 2002 Legislature directed DSHS, Division of Developmental Disabilities (DDD) to change some of its services to cash payments to address the state budget shortfall. Families and providers are anxious about how cash payments will impact their lives and businesses. The Council is monitoring this change and has contracted with a consulting firm to monitor the impact of this new program on individuals and their families, agency staff, providers and communities.

### Developmental Disabilities System Review & Criticism

Over the past year, DDD has received critical reports from federal auditors, the Joint Legislative Audit and Review Committee (JLARC) and independent reviewers. Issues have been raised concerning: management information systems, operational policy and practices, eligibility determination, and caseload and staffing.

Centers for Medicare and Medicaid (CMS) found the State to be out of compliance in implementation of its Medicaid Home and Community Based (HCB) Services waiver. DDD is exploring the possibility of replacing its single waiver with several waivers in order to more fully comply with federal and state legislative intent.

### Developmental Disabilities Service System Change

DSHS considered several options for reorganizing DDD. Stakeholders met to develop options. Council staff and developmental disabilities advocates met with the Secretary of DSHS and the Governor to discuss concerns and

options. As of October 1, 2002, a new administration was created in DSHS called Aging and Disability Services. Council staff and community advocates have been meeting with advocates for senior services in anticipation of this change and to strengthen partnerships.

### Policy Proposals

The Council and developmental disabilities advocates have been working together to develop policy proposals for the 2003 Legislative Session. Appropriate services are needed for those with developmental disabilities in Community Protection Programs. Families need family support services for respite and other needs not covered by Medicaid or private insurance.

### Home and Community-Based Waiver Services

Washington has a new Home Care Quality Authority (HCQA). A DD Council member serves on the HCQA Board. HCQA is asking for \$133M (estimated for 03-05) to increase wages and benefits of in-home providers for people with disabilities and people who are elderly.

There is a concern that families will be dropped from the Home and Community Based Waiver due to the CMS audit. Options are being explored for families who are over income for Supplemental Security Income, including a Medicaid or Children's Health Insurance Program (CHIP) buy-in.

### Access to Health Care

Access to health service, including prescription drugs is a growing problem as fewer providers are willing to take low Medicaid reimbursements.

### Residential Habitation Centers (RHCs)

A JLARC study is being conducted to determine the value of excess lands and buildings at the state institutions for people with developmental disabilities. Advocates want revenue to stay in the developmental disabilities system to meet services needs in the community and to assist families caring for their family member with developmental disabilities in their home.

### Intermediate Care Facilities for Persons with Mental Retardation (ICFs/MR)

Council staff reviews annual ICFs/MR Surveys. There are ongoing concerns about lack of compliance with regulations, issues regarding health and medications, alleged violations of individual rights, and lack of

active treatment. For the second time in three years, the federal Department of Justice is exploring allegations of neglect and mistreatment of residents at Rainier School.

## **SECTION III: STATUS OF STATE PLAN IMPLEMENTATION**

### **CHILD CARE**

Goal: Children and families benefit from a range of inclusive, flexible child care options.

#### **CHILD CARE PROJECTS**

Reporting data for October 1, 2001 through September 30, 2002

➤ Inclusive Child Care

Collaborations between the DDC, Division of Child Care and Early Learning, Department of Health, and Washington State Child Care Resource and Referral Network continue to be effective in developing child care policy that supports children with special needs. Efforts continue to increase the capacity of local child care health consultants (public health nurses) and local child care resource and referral programs to support child care providers, families and children in inclusive child care. DDC staff continues to provide technical assistance and leadership to the Inclusive Child Care Subcommittee which provides a forum for exchanging information, discussing inclusive child care policy issues and developing implementation strategies.

### **EDUCATION AND EARLY INTERVENTION**

Goal: Students reach their educational goals. Infants and young children (birth to nine) reach their developmental potential.

#### **EDUCATION PROJECTS**

Reporting data for October 1, 2001 through September 30, 2002

➤ Special Education Advocacy – 11/17/97 to 4/30/03

Contractor: Washington State Special Education Coalition

Council Funds Spent: \$15,929

Match (includes hard cash and volunteer time): \$1,550

Collaborators: Developmental Disabilities Community Advocacy Coalition, Arc of Washington State, education groups

Project Description: The Special Education Advocacy Project provides information to individuals and organizations about special education so they are better able to impact public policy and legislative decisions. Information is presented at the Developmental Disabilities Community Advocacy Coalition and the developmental disabilities community is informed about special education legislation and policy issues. Common ground and joint positions among the various groups interested in special education and education reform are facilitated to effectively promote or prevent legislative action. A legislative consultant provides legislative analysis and advice to special education advocates and a parent coordinator develops and disseminates materials/information to parents and community members, and assists parents in understanding their rights.

Special education information is disseminated statewide through an email group list. Parents and professionals receive pertinent information on special education issues, and assistance in communicating with policymakers.

Results:

- Over 450 parents/ professionals received information/updates on special education issues.
- 149 public policymakers were educated about special education issues.
- 1,500 copies of informational materials distributed to policymakers.

Other results:

An anti-bullying bill was passed by the legislature requiring school districts to implement training and policies to prevent and mitigate bullying.

## EMPLOYMENT

Goal: Adults with developmental disabilities who want to work will have jobs.

### EMPLOYMENT PROJECTS

Reporting data for October 1, 2001 through September 30, 2002

#### ➤ Supported Employment in Rural Communities – 6/5/00 to 9/30/02

Contractors: Garfield County Health & Human Services,  
Chelan Douglas Community Action Council (CAC)

Council Funds Spent: \$10,135

Match (includes hard cash and volunteer time): \$6,977

Project Descriptions: Job training, placement in community jobs, and support on the job is being provided to youths and adults with developmental disabilities. Projects are in rural areas of the state where unemployment is higher and there are fewer employment opportunities. Project managers have been very creative in developing work experience opportunities and paid employment in their communities in various business ventures such as a multi-vendor community kitchen and deli, bookstore/Laundromat/deli/pizza parlor, woodworking projects that design, build and market worm bins and planter boxes, learning organic nursery and gardening and marketing plants and produce.

Results:

- 3 adults with developmental disabilities worked:

Supported Employment - Garfield County	2
Supported Employment - Chelan/Douglas CAC	1

#### ➤ Transition from School to Work – 6/29/99 to 9/30/02

Contractors: Diversified Resource Center, Provail, Elmview, and Lake Washington School District, Provident Services

Council Funds Spent: \$55,206

Match (includes hard cash and volunteer time): \$97,663

Project Descriptions: Projects are providing job training and placement services, conducting self-determination training, and facilitating individual planning and choice for students transitioning from high school or equivalent to jobs in the community. Self-Advocates, parents, teachers, and community members and local employers members participated in project advisory committees.

#### Results:

- 63 Students participated in transition planning, enhanced job training & placement.

Diversified Resources	18
Provail	11
Lake Washington School District	15
Provident Services	10
Elmview	9

#### Other activities and Results

- \$1.9M budget increase for Transition/Day Programs.
- Senate Joint Memorial 8014 requires an annual report to the legislature on progress made in training and employing persons with disabilities.

Advocacy Partnership Project, Arc of Washington, Governor's Committee on Disability Issues and Employment, DD Council staff and other advocates

#### Ticket to Work & Workforce Training

The Council is participating on an advisory committee to the Workforce Investment grant tasked to improved services to people with disabilities at the Work Source Centers (One Stop). The Council is also working with the Governor's Committee on Disability Issues and Employment, Division of Vocational Rehabilitation, Department of Services for the Blind, the Washington State Workforce Training and Education Coordinating Board, Office of Superintendent of Instruction, the Community and Technical Colleges, and Employment Security Department on responding to the Senate Joint Memorial in reporting to the legislature about training and employment of persons with disabilities. The Council is monitoring the implementation of Ticket to Work and the Health Care for Disabled Workers program which will facilitate the Medicaid buy-in part of Ticket to Work.

## HEALTH

Goal: All people are as healthy as they can and want to be and benefit from the full range of health services.

### HEALTH PROJECTS

Reporting data for October 1, 2001 through September 30, 2002

➤ Health Care Professional Training – 2/1/99 to 4/30/02

Contractor: University of Washington, Center on Human Development and Disability

Council Funds Spent during Reporting Period: \$28,497

Matching Funds Spent during Reporting Period (includes hard cash and volunteer time): \$8,333

Project Description: Individuals with developmental disabilities, family members, agency staff and residential providers received training on Health Resources and Health Promotion for Adults and Elders with Disabilities. Focus groups were held in eastern and western Washington to continue to identify barriers to health care. The training curriculum were posted on the UW Web site and presented at various conferences and meetings. Parents and self-advocates participated on a project advisory committee helping to design and direct the project. Project staff continues to look for ways to engage more health care professionals in the training including exploring options to provide credit for continuing education and distant learning formats.

#### Results:

- 142 people were trained in health care services.

#### Other Activities and Results:

- 1 family member was involved in systems advocacy on health care.  
Kathy Hull, Council Member, Foster Parent

#### Children's Health Insurance Program and Medicaid Outreach

The Council representative from the state Medicaid agency is keeping the Council informed about the implementation of the Children's Health Insurance Program (CHIP) and Medicaid outreach.

## HOUSING

Goal: People with developmental disabilities live where and with whom they want.

### HOUSING PROJECT

Reporting data for October 1, 2001 through September 30, 2002

#### ➤ Choosing Home Ownership – 2/27/01 to 12/31/02

Contractor: Common Ground

Council Funds Spent during Reporting Period: \$5,775

Matching Funds Spent during Reporting Period (includes hard cash and volunteer time): \$9,523

Adults with developmental disabilities received counseling on home ownership, technical assistance in negotiating the purchase of a home, and ongoing support services through a homebuyers club.

#### Results:

- 4 adults with developmental disabilities are being prepared to be homeowners.

#### Housing Trust Fund Developmental Disabilities Set- Aside

- 98 units of rental housing
- 8 banks made mortgage funds available
- \$8.5 leveraged for housing  
Housing Trust Fund - \$5M  
Other sources - \$3.5

#### Other activities

- 33 adults moved from into community residential from state institutions as a result of Olmstead.

#### Housing Trust Fund

Council staff worked with the Developmental Disabilities Housing Trust Fund Program Manager and other advocates to increase the number of housing units available to people with developmental disabilities.



Developmental Disabilities advocates were successful in keeping a set aside of \$5 million in the Housing Trust Fund (State Capital Budget) for people with developmental disabilities.

DDC staff also worked with agency staff to facilitate the application and receipt of funds for housing projects for people with developmental disabilities.

#### Low-income Housing Maintenance

The Legislature passed a bill creating a fee on recording property transactions. The revenue collected will be dedicated to funding maintenance of low-income housing.

#### Home Ownership

The Council funded a collaborative home ownership project with Common Ground, Seattle Housing Authority, and Inland Empire Residential Resources. The goal was for 4 to 6 individuals with developmental disabilities to own their own homes. Four individuals regularly attended the Home Buyers club meetings and learned about home ownership. Applications were made for funding, but at the end of the project all of the applications had been denied. Common Ground will continue to provide support for the Home Buyers club and to work on securing funding for the housing.

Council staff is working with the Arc of Washington to develop and promote a new project called Home Run. The Project will train and deploy 4-6 part time housing consultants throughout Washington State to prepare people to qualify for home ownership. Funding is being sought from foundations, non-profits and other non-traditional sources to underwrite this two-year initiative. If funding is secured, by the end of two years 250 adults with developmental disabilities will be ready for home ownership.

### **OTHER SERVICES (FORMAL & INFORMAL COMMUNITY SUPPORTS)**

Goal: Individuals have access to other services available or offered in a community, including formal and informal supports that improve their quality of life.

## **COMMUNITY SUPPORTS PROJECTS**

Reporting data for October 1, 2001 through September 30, 2002

### ➤ Lifespan Respite Coalition – 2/05/01 to 3/31/02

Contractors: Arc of King County

Council Funds Spent: \$4,501

Match (includes hard cash and volunteer time): \$10,401

Project Description: A coalition of families, self-advocates, agencies and organizations came together to develop strategies for addressing the need for a family-based respite network and to develop a statewide action plan.

Results: 60 organizations are participating in the coalition.

### ➤ Parenting Project & Person-Centered Planning – 2/22/00 to 9/30/02

Contractors: Arc of Whatcom County

Council Funds Spent: \$7,365

Match (includes hard cash and volunteer time): \$17,831

Project Description: Parents with developmental disabilities received parenting skills training and in-home visits to improve their parenting/nurturing skills, conflict resolution, and health and safety practices and to increase the opportunity for their children to remain with them.

Funding cuts forced the Arc to eliminate the Parenting project. Council funds were used to augment an existing program designed to assist individuals in developing person-centered life goal plans.

Results:

- 4 families received parenting skills training.
- 3 individuals developed person-centered life goal plans.

### ➤ DD Endowment Trust Fund Outreach and Enrollment Project – 3/1/02 to 9/30/02

Contractor: Arc of Washington

Council Funds Spent: \$30,000

Match (includes hard cash and volunteer time): \$30,000

Project Description: The Arc of Washington conducted outreach presentations in eight counties across the state. Informational packets were mailed out to a list of over 1,500 interested persons.

Results: 240 individuals attended presentations. At the end of September 2002 33 individual trust accounts were set up with another 45 in the process.

#### Advocacy Results:

\$1.7M budget increase for Family Support

\$2.8M budget increase for Quality Assurance & Case Management

\$7.8M budget increase for Residential Services

Advocacy Partnership Project - Arc of Washington, DD Council staff, other advocates

#### Other Efforts

##### Family Supports Project

The Council received funding for a Family Supports Project through the federal Agency on Developmental Disabilities Projects of National Significance. The goal of the project, "Crossing the Bridge: Serving Families in Ethnic Communities" is for families in ethnic communities to be included in a network of informational, emotional and social supports in their community and to receive the supports and services they need. Outreach is being conducted in four ethnic groups in two areas of the state: Latino, African American, Pacific Islander/Asian and the Refugee community in King County, and the Latino communities in Lower Yakima Valley.

Outreach workers are linking families to agencies and organizations in their communities, conducting home visits, assisting monolingual families in applying for services and in communicating with service providers and special education personnel. A family-to-family mentor program is matching families in the cultural communities who are familiar with service systems with families that are new to the system. Families were brought together in

community gatherings held in each ethnic community. Gatherings featured cultural foods, music, dance and décor. Seventeen train the trainer teams, consisting of a parent or family member and a professional, were trained in cultural competency using the George Mason University curriculum “Infusing Cultural Competency in Early Childhood Programs”. The teams will be using the curriculum modules to train providers, community members, families and self-advocates. Diversity and developmental disabilities outreach and awareness training has been delivered to generic social service agencies in each of the ethnic communities.

## **QUALITY ASSURANCE (SELF-DETERMINATION, ADVOCACY, LEADERSHIP, AND COUNCIL DEVELOPMENT)**

Goal: People have the information, skills, opportunities and support to live free from abuse, neglect, financial and sexual exploitation, and violation of their human and legal rights and the inappropriate use of restraints.

### **SELF-DETERMINATING PROJECTS**

Reporting data for October 1, 2001 through September 30, 2002

#### **➤ Advocacy Partnership Project – 7/1/97 to 6/30/03**

Contractor: The Arc of Washington

Council Funds Spent during Reporting Period: \$126,089

Matching Funds Spent during Reporting Period (includes hard cash and volunteer time): \$163,990

Project Description: Weekly Developmental Disabilities Advocacy Days were held at the state capital during the regular and special sessions. A legislative reception provided an opportunity for self-advocates and others to meet with legislators. Volunteer citizen and self-advocate Legislative Teams, self-advocates, family members and community advocates were trained educating legislators and impacting public policy issues, and supported to assist others attending Advocacy Day to be knowledgeable about the current legislative issues and to connect with their legislators. Self-advocates and parents participated in a “mentor your legislator” project.

Project Status: As a result of the Council’s ongoing commitment to training and empowering parents and self-advocates to advocate

effectively, great strides have been made for people with developmental disabilities in the State. The Developmental Disability advocacy effort is considered one of the strongest on the hill. Developmental Disability issues and concerns are consistently presented to legislators. The “mentor a legislator” aspect of the Advocacy Partnership Project has proven to be a very effective and important tool in bringing information about people with developmental disabilities to legislators during the off-session.

Results:

- 2,000 copies of products were distributed to policymakers about issues related to Council initiatives.
- 149 legislators and staff were informed about issues important to people with developmental disabilities and their families.
- 416 people were active in systems advocacy about self-determination:

Self-advocates	209
Family members	107
Others	100
- 266 people were trained in systems advocacy about self-determination:
- \$14.1M Dollars increase in the DD budget:

\$7.8M for Residential Services
\$1.7M for Family Support
\$1.9M for Employment/Day Programs for graduates
\$2.7M for Quality Assurance & Case Management

➤ Local Leadership Development – 3/7/01 to 9/30/02

Contractor: Clark County Human Services

Council Funds Spent during Reporting Period: \$6,700

Matching Funds Spent during Reporting Period (includes hard cash and volunteer time): \$11,827

Project Description: Participants learned about the history of the developmental disabilities movement, service systems, advocacy and conducted projects in their local communities. Twelve participants completed the training including two self-advocates.

Results:

- 12 individuals graduated from the leadership development project
  - Parents/family members 10
  - Self-advocates 2

➤ Self-Advocates on Boards & Commissions – 4/14/98 to 3/31/03

Contractors: People First of Washington

Council Funds Spent during Reporting Period: \$9,815

Matching Funds Spent during Reporting Period (includes hard cash and volunteer time): \$0

Project Description: This project is in its fourth year. The curriculum, Mixed Voices, was developed in year one and self-advocates were trained as trainers. Self-Advocates are assisted in applying for membership on boards and boards receive training to be welcoming and to practice inclusion principles. This year, the project expanded into three more counties. The project is now working in King, Snohomish, Whatcom, Cowlitz, Clallam, Jefferson, Spokane, and Benton/Franklin counties. The contractor is developing a plan to expand the project throughout the state over the next three to five years.

Results:

- 11 self-advocates attained membership on boards and commissions.
- 8 boards received training.
- 57 self-advocates participated in boards and commissions training.

➤ Self-Advocacy on the Developmental Disabilities Council (DDC) – 5/1/96 to 11/30/02

Contractor: People First of Washington

Council Funds Spent during Reporting Period: \$54,202

Matching Funds Spent during Reporting Period (includes hard cash and volunteer time): \$24,200

Self-advocates, serving on the Council received personal and meeting support, materials in alternative format, travel arrangement assistance, and training and consultation.

➤ Youth Leadership Forum 7/10/00 – 9/30/02

Contractor: Governor's Committee on Disability Issues and Employment  
Council Funds Spent during Reporting Period: \$12,726

Matching Funds Spent during Reporting Period (includes hard cash and volunteer time): \$53,415

Project Description: Youths with developmental disabilities were supported to participate in the Youth Leadership Forum hosted by the Governor's Committee on Disability Issues and Employment. Two graduates with developmental disabilities from last year's forum returned as peer mentors. Participants learned how to set high academic and career goals, identify resources, realize their leadership potential, and become active in their communities. They developed friendships and learned about the struggle for civil rights for people with disabilities that resulted in the Americans with Disabilities Act.

Results:

- 16 youths with developmental disabilities participated in the annual Youth Leadership Forum.
- 2 graduates returned as peer mentors.

➤ Self-Advocates Mentor Project

Contractor: Highline Community College

Council Funds Spent during Reporting Period: \$3,886

Matching Funds Spent during Reporting Period (includes hard cash and volunteer time): \$12,187

Collaborator: Region 4 Developmental Disabilities

Project Description: Self-advocates are trained as mentors and matched with individuals moving from the state institutions to the community under Olmstead. The mentors received extensive training on mentoring and supporting the self-determination of people making the transition from institutional living to community living. Mentors meet with the self-

advocate and they participate in community activities. Stipends are provided to the mentors as well as the costs for community activities. Three other mentors have been trained but not matched yet. There are 33 adults who have moved into the community under the Olmstead plan.

Results:

- 8 mentors have been trained and matched with 8 Olmstead movers.

➤ Self-Advocacy Initiative

Contractor: Arc of Washington

Council Funds Spent during Reporting Period: \$41,000

Matching Funds Spent during Reporting Period (includes hard cash and volunteer time): \$34,052

Project Description: Self-advocates received advocacy training and opportunities to participate in the legislative process. Three self-advocacy coordinators were hired to work in their local communities to provide information and training to other self-advocacy groups and individuals. Leadership is being developed at the local level to strengthen and support a coordinated, statewide self-advocacy effort and ongoing communication about legislative and public policy initiatives and issues. Twenty self-advocacy groups, three high school transition programs, and four residential providers in nineteen counties around the state attended presentations about advocacy and the legislative processes.

Results:

- 4 regional self-advocacy coordinators, trained and coordinating advocacy in their local community.
- 10 self-advocates are taking leadership roles in their community.
- 266 self-advocates and 92 others attended advocacy workshops.

Other Activities:

Self-Advocates in Leadership (SAIL) Coalition

The Council sponsored the founding of the state's Self-Advocates in Leadership (SAIL) coalition. This coalition, along with activities conducted through the Self-Advocates Initiative, provides ongoing opportunities for self-advocates across the state to engage in the



process of shaping public policy that impacts their lives. Self-advocates are coming together to create a strong unified voice in the public policy area and are taking leadership roles at SAIL meetings, Advocacy Day, and in their communities. SAIL members developed their own legislative agenda, wrote letters and sent post cards to the Governor and legislators, and met with their legislators at local legislative receptions, town hall meetings and at the legislature. The self-advocacy movement is growing, becoming stronger, and putting a face and story to who people with developmental disabilities are and what they need and want for their lives. Self-advocacy represents the future of true system reform in the state.

#### Results:

- 116 self-advocates are members of the SAIL coalition.
- 25 self-advocates were active in systems advocacy during the 2002 Legislative Session.
- 3 self-advocates testified at legislative hearings.
- 50 self-advocates were trained in systems advocacy.

#### Other activities:

Council staff hosted weekly conference calls to exchange information between Council members and staff and participated on the following advocacy coalitions: Developmental Disabilities Advocacy Coalition, Children's Budget Coalition, Welfare Advocates Group, Long Term Care Coalition, Housing Partnerships, and Child Care Works for Washington.

#### Council Development

Council members attended various training and conferences including: Fall and Spring meetings of the National Association of Developmental Disabilities Councils, Self-Determination Conference, Employment Conference, SABLE (Self-Advocates Becoming Empowered), and Infant and Early Childhood Conference.

The annual Council Development Meeting provided training for members and staff on cultural competency and working together as an effective Council.

The Council's mentoring program continues to match new Council members with seasoned members.

## **TRANSPORTATION**

Goal: People with developmental disabilities and their families have transportation services for work, school, health and personal needs.

The Council conducted a Request for Proposals last year to select projects that would implement the recommendations from the Special Needs Transportation Study. One project was selected and work has begun to develop the public awareness campaign to gain support of the community for a local tax to support the public transportation needs of people with disabilities. The Council plans to republish the Request for Proposals to fund additional projects across the state that will improve access to transportation for people with developmental disabilities and their families.

## SECTION IV: REPORTING YEAR EXPENDITURES

### A. Types of Recipient

RECIPIENT	Part B \$	Match \$	TOTAL
1. DD Council	\$573,917	\$26,606	\$600,523
2. Designated State Agency	50,000	139,046	189,046
3. Other(s) State Agency	12,726	53,415	66,141
4. P&A System	0	0	0
5. UCEDD	28,497	8,333	36,830
6. Non-Profit Organizations	347,102	400,594	747,696
7. Other	61,573	150,791	212,364
<b>8. TOTAL</b>	<b>1,073,815</b>	<b>778,785</b>	<b>1,852,600</b>

### B. Cost Categories – Priority Areas, General and Designated State Agency (DSA) Functions

CATEGORY	Part B \$	Other(s) \$	TOTAL
1. Employment	\$98,477	\$224,440	\$322,917
2. Education & Early Intervention	49,065	1,550	50,615
3. Housing	38,911	9,523	48,434
4. Health	61,633	8,333	69,966
5. Child Care	66,272	0	66,272
6. Recreation	0	0	0
7. Transportation	3,310	0	3,310
8. Quality Assurance	415,034	311,055	736,089
9. Formal/Informal Community Supports	71,689	58,232	129,921
10. General management	209,424	26,606	236,030
11. Functions of the DSA		139,046	189,046
<b>12.TOTAL</b>	<b>1,073,815</b>	<b>778,785</b>	<b>1,852,600</b>

Note: The Designated State Agency for the DDC is the Department of Community, Trade and Economic Development, Office of Community Development.

## **SECTION V: DISSEMINATION OF ANNUAL REPORT**

The FFY02 Annual Program Performance Report will be disseminated to Council members. It will be made available to individuals and organizations on the Council mailing list and legislative update list. The report will also be available through the Council web site ([www.wa.gov/ddc](http://www.wa.gov/ddc)). The report can be made available in alternative formats upon request to the Council office. A summary of the report will also be disseminated to policy makers, advocates, and the public.

## **SECTION VI: DEVELOPMENTAL DISABILITIES NETWORK COLLABORATION**

The Developmental Disabilities Network (DD Network) is the Developmental Disabilities Council (DDC), the Protection and Advocacy System (P&A), and the University Center for Excellence in Developmental Disabilities Education, Research, and Services (University Center for Excellence). In Washington State, the University Center for Excellence is the University of Washington Center on Human Development and Disability.

The DDC, P&A and Center for Excellence have identified issues/barriers affecting individuals with developmental disabilities and their families. The following are areas in which the Council is collaborating with one or more of the DD Network.

- Access to health care and mental health services for people with developmental disabilities
- System advocacy/quality assurance meetings to coordinate system change/public policy strategy
- Leadership Development - Leadership development opportunities for self-advocates & family members
- Board Coordination - Exchange information and coordinate activities by serving on partner boards

### Access to Health Care

People with developmental disabilities lack access to health and mental health services due to low Medicaid reimbursement rates, lack of health/mental health professional training, and lack of general insurance coverage. The DDC, P & A and the University Center for Excellence are working on a variety of strategies to increase access to and the quality of health and mental health services for people with developmental disabilities and their families.

The DDC is funding the University Center for Excellence to train individuals, family members and residential providers about health resources and health promotion. The DDC is supporting mental health parity legislation proposed by the P&A system and other advocates. This proposal will be presented to the 2003 legislature. The DDC is monitoring proposed changes to the state Medicaid program through a waiver submitted to CMS. The P&A has taken the lead on this and has provided

information to the DDC and staff. The DDC is researching a Medicaid buy-in program for families who have children with disabilities who require more intensive health/mental health services.

Physicians were not interested in participating in training, so training was developed and offered to nurses and physician assistants, and is now being offered to individuals, family members and residential providers. This is increasing the number of people trained in Health Resources and Health Promotion.

## Appendix A

Developmental Disabilities Council Membership  
October 1, 2001 to September 30, 2002

<b>Name</b>	<b>Position/Agency</b>	<b>Location</b>
George Walker	Chair, Parent	Seattle
William Anderson	Parent of individual in institution	Woodinville
Nathan Brannon	Self-Advocate	Seattle
Kim Blume	Parent	Tri-cities
Tracie Day	Parent	Yakima
William “BJ” Flaherty	Self-Advocate	Yakima
Vickie Foster	Self-Advocate	Seattle
Sharee Fox	Parent	Skamania
Ronnie Hacken	Family member	Olympia
Kathy Hull	Parent	Mill Creek
Alphonso Lee	Service Provider	Yakima
Clara Link	Self-Advocate	Tacoma
Melinda Sperline	Parent	Grayland
Lenora Shaw	Parent	Spanaway
Mary Jo Sizemore	Self-Advocate	Wenatchee
Deborah Thorsos	Self-Advocate	Pacific
Rita Wang	Parent	Bellingham
Julie Williamson	Self-Advocate	Spokane
Diana Zottman	Family Member	Seattle

Name	Position/Agency	Location
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**Agency Representatives:**

Mark Stroh Designee: Phil Jordon	Washington Protection and Advocacy System	
Linda Rolfe Designee: Janet Adams	Division of Developmental Disabilities, DSHS	
Karl Brimmer Designee: Theresa Mahar	Mental Health Division, DSHS	
Michael Guralnick Designee: Sherrie Brown	University Centers for Excellence, Center on Human Development and Disability, University of Washington	
Martha Choe Designee: Mina Apacible	Department of Community, Trade and Economic Development	
Rosie Oreskovich	Children's Administration, DSHS	
Mary Selecky Designee: Angela Gibson	Department of Health	
Doug Gill Designee: Ron Hertel	Office of Superintendent of Public Instruction	
Kathy Leitch Designee: Patty McDonald	Aging and Adult Services Administration, DSHS	
Michael O'Brien Designee: Lee Ruddy	Division of Vocational Rehabilitation, DSHS	
J.Doug Porter Designee: Diana McMaster	Medical Assistance Administration, DSHS	

DSHS = Department of Social and Health Services



**Developmental Disabilities Council  
Projects/Contracts Results  
October 1, 2001 - September 30, 2002  
(Federal Fiscal Year 2002)**

2,406 individuals and families throughout Washington State benefited from the Council's investments in projects and contracts during Federal Fiscal Year 2002. Individuals with developmental disabilities and families are more independent, productive, integrated and/or included as a result of the projects the Council funded, the collaborations and partnerships the Council has with community and statewide organizations, and the efforts of Council members and staff. Statewide results are listed below with the name of the project and the contractor. A list of results by county follows the statewide list.

**Statewide Results**

**Advocacy Partnership Project - Arc of Washington**

- Over 480 organizations and individuals received weekly legislative alerts during the Legislative Session.
- \$22 million new dollars were added to the state budget for people with developmental disabilities as a result of the advocacy efforts during the 2002 Legislative Session.
- 549 people attended Advocacy Day; 416 unduplicated individuals (209 self-advocates, 107 family members and 100 others), from 20 counties across the state.
- 10 member Volunteer Legislative Team, 3 self-advocates and 7 family/community members, followed issues and met with legislators and staff.
- 2 bills were passed – HB1444 Preventing harassment and bullying and HB2060 Providing Funds for Low-Income Housing Projects.

**Self-Advocacy Initiative Project – Arc of Washington**

- 358 individuals trained in legislative advocacy (266 self-advocates and 92 others).
- 209 self-advocates gained experience working with the legislative process.

- Membership in the Self-Advocates in Leadership (SAIL) Coalition increased from 60 to 110.
- 10 self-advocates emerged or continued leadership roles in their community (Longview, Puyallup, Tacoma, Richland, Ellensburg, Yakima, Seattle, Bellingham, Port Angeles, and Mt. Vernon.)
- Legislative Advocacy Workshops were held for 20 self-advocacy groups, 3 high school transition programs and 4 residential providers in 19 counties across the state.
- Outreach was extended to Walla Walla, Ellensburg, Clarkston, Lynden and Wenatchee to present information on legislative advocacy and increase self-advocacy in public policy.
- Presentations on advocacy were made at the Ellensburg Employment Conference to an estimated 74 participants and another 37 at the People First conference.

## **County Results**

### **ADAMS COUNTY - 13**

- 13 parents/professionals received information & updates on special education issues – Special Education Advocacy Project – Washington State Special Education Coalition (WSSEC)

### **ASOTIN COUNTY - 38**

- 2 members of Self Advocates in Leadership (SAIL) Coalition
- 23 self-advocates attended advocacy training – Self-Advocacy Initiative – Arc of Washington
- 1 parent received information/updates on special education issues - Special Education Advocacy Project - WSSEC
- 12 individuals received Health Promotion training – Health Care Training Project – University of Washington (UW)

### **BENTON COUNTY - 22**

- 15 self-advocates trained in advocacy – Self-Advocacy Initiative – Arc of Washington
- 2 members of the SAIL Coalition
- 2 boards trained, 1 self-advocate appointed to a board - Boards & Commissions Project - People First of Washington
- 3 parents/professionals receiving information/updates on special education issues - Special Education Advocacy Project – WSSEC

**CHELAN COUNTY - 418**

- 1 self-advocate in supported employment – Employment Project - Chelan Community Action Council
- 19 parents/professionals receiving information/updates on special education issues - Special Education Advocacy Project – WSSEC
- 1 member of the SAIL Coalition
- 12 individuals received Health Care Resources training – Health Care Training Project – UW
- 300 people attended self-determination presentation – Training Project – Total Living Concept/Take a Second Look Educating Ourselves and Others (TASLE)
- 6 self-advocates participated in a health care focus group – Health Care Training Project - UW

**CLALLAM COUNTY - 182**

- 16 self-advocates trained in advocacy – Self-Advocacy Initiative – Arc of Washington
- 18 people participated in transition to work project - Transition Project - Diversified Resources
- 1 self-advocate appointed to a board, 57 people trained, 1 board trained – Boards & Commissions Project – People First
- 3 members of the SAIL Coalition
- 18 parents/professionals receiving information/updates on special education issues - Special Education Advocacy Project – WSSEC
- 62 people attended self-advocacy training – Training Project – TASLE
- 6 self-advocates participated in a health care focus group – Health Care Training Project - UW

**CLARK COUNTY - 45**

- 29 self-advocates trained in advocacy - Self-Advocacy Initiative - Arc of Washington
- 2 parent received information & updates on special education issues - Special Education Advocacy Project – WSSEC
- 10 family members and 2 self-advocates participated in Leadership Development Project – Clark County Human Services
- 4 members of the SAIL coalition

**COLUMBIA COUNTY - 3**

- 3 parents/professionals received information & updates on special education issues - Special Education Advocacy Project – WSSEC

**COWLITZ COUNTY - 18**

- 4 parents/professionals received information & updates on special education issues - Special Education Advocacy Project – WSSEC
- 7 self-advocates trained in advocacy - Self-Advocacy Initiative - Arc of Washington
- 6 members of the SAIL coalition
- 1 self-advocate attended the Youth Leadership Forum – Governor’s Committee on Disability issues and Employment (GCDE)

**DOUGLAS COUNTY – 23**

- 10 parents/professionals received information & updates on special education issues - Special Education Advocacy Project– WSSEC
- 12 individuals received Health Care Resources training – Health Care Training Project – UW
- 1 self-advocate attended the Youth Leadership Forum - GCDE

**FERRY COUNTY - 15**

- 15 parents/professionals received information & updates on special education issues - Special Education Advocacy Project – WSSEC

**FRANKLIN COUNTY - 20**

- 3 parents/professionals receiving information/updates on special education issues – Special Education Advocacy Project – WSSEC
- 1 board trained – Boards & Commissions Project – People First of Washington
- 16 individuals received Health Care Resources training – Health Care Training Project - UW

**GARFIELD COUNTY - 5**

- 2 self-advocates in supported employment - Employment Project - Garfield County
- 2 parents/professionals receiving information/updates on special education issues - Special Education Advocacy Project – WSSEC
- 1 self-advocate peer mentor at Youth Leadership Forum - GCDE

**GRANT COUNTY - 16**

- 15 parents/professionals received information & updates on special education issues - Special Education Advocacy Project – WSSEC
- 1 self-advocate peer mentor at the Youth Leadership Forum - GCDE

**GRAYS HARBOR COUNTY - 52**

- 13 self-advocates trained in advocacy - Self Advocacy Initiative - Arc of Washington
- 21 parents/professionals received information & updates on special education issues - Special Education Advocacy Project – WSSEC
- 80 people attended self-advocacy training – Training Project – TASLE
- 33 self-advocates attended advocacy training – Self-Advocacy Initiative – Arc of Washington

**ISLAND COUNTY - 18**

- 14 self-advocates trained in advocacy - Self Advocates Initiative - Arc of Washington
- 4 parents receiving information/updates on special education issues - Special Education Advocacy Project – WSSEC

**JEFFERSON COUNTY - 63**

- 15 parents/professionals received information & updates on special education issues - Special Education Advocacy Project – WSSEC
- 18 people attended 3 self-advocacy training sessions – Training Project – TASLE
- 30 people attended Residential Services Guidelines Training – Training Project - TASLE

**KING COUNTY - 297**

- 25 self-advocates trained in advocacy - Self-Advocacy Initiative - Arc of Washington
- 4 youths attended the Youth Leadership Forum – GCDE
- 1 self-advocacy coordinator – Self-Advocacy Initiative – Arc of Washington
- 34 members of the SAIL coalition
- 4 self-advocates participated in a Home Buyers Club - Choosing Home Ownership – Common Ground

- 5 individuals attended Health Promotion training – Health Care Training Project – UW
- 59 organizations are participating in the Washington State Respite and Crisis Care Coalition – Lifespan Respite Project – Arc of King County
- 48 people attended self-advocacy training - Training Project - TASLE
- 34 parents/professionals received information & updates on special education issues - Special Education Advocacy Project – WSSEC
- 1 board trained – Boards & Commissions Project – People First of Washington
- 4 self-advocates mentoring Olmstead movers – Self-Advocates Mentor Project – Highline Community College
- 15 students participated in transition to work – Enhanced Work Experience – Lake Washington School District
- 63 people attended Developmental Disabilities Endowment Trust outreach presentations – Arc of Washington

### **KITSAP COUNTY - 39**

- 14 self-advocates trained in advocacy - Self Advocacy Initiative - Arc of Washington
- 6 parents/professionals receiving information/updates on special education issues - Special Education Advocacy Project – WSSEC
- 4 members of the SAIL Coalition
- 15 people attended Developmental Disabilities Endowment Trust outreach presentations – Arc of Washington

### **KITTITAS COUNTY - 74**

- 35 self-advocates trained in advocacy - Self Advocacy Initiative - Arc of Washington
- 1 self-advocacy coordinator – Self-Advocacy Initiative – Arc of Washington
- 9 students transitioned to work – Transition Project - Elmview
- 21 parents/professionals received information & updates on special education issues - Special Education Advocacy Project – WSSEC
- 8 members of SAIL coalition

### **KLICKITAT – 8**

- 4 parents/professionals received information & updates on special education issues – Special Education Advocacy Project– WSSEC
- 4 members of the SAIL coalition

**LEWIS COUNTY - 69**

- 1 youth attended the Youth Leadership Forum - GCDE
- 18 parents/professionals received information & updates on special education issues - Special Education Advocacy Project – WSSEC
- 50 people attended a Developmental Disabilities Endowment Trust outreach presentation – Arc of Washington

**LINCOLN COUNTY - 30**

- 30 parents/professionals received information & updates on special education issues - Special Education Advocacy Project – WSSEC

**MASON COUNTY - 71**

- 9 parents/professionals received information & updates on special education issues - Special Education Advocacy Project – WSSEC
- 2 members of the SAIL Coalition
- 30 Work Source Center staff attended disability awareness training – Training Project –TASLE
- 15 self-advocates attended advocacy training – Self-Advocacy Initiative – Arc of Washington

**OKANOGAN COUNTY – 17**

- 19 parents/professionals receiving information/updates on special education issues - Special Education Advocacy Project – WSSEC
- 1 member of the SAIL Coalition

**PACIFIC COUNTY - 3**

- 3 parents/professionals received information & updates on special education issues - Special Education Advocacy Project – WSSEC

**PEND OREILLE COUNTY - 13**

- 13 parents/professionals received information & updates on special education issues - Special Education Advocacy Project – WSSEC

**PIERCE COUNTY - 120**

- 16 self-advocates trained in advocacy - Self-Advocacy Initiative - Arc of Washington
- 12 members of the SAIL coalition

- 2 self-advocates appointed to boards – Boards & Commissions Project – People First of Washington
- 40 individuals attended Health Care Resources training – Health Care Training Project – UW
- 25 people attended Domestic Violence and Disability Presentation – Training Project – TASLE
- 2 self-advocates mentoring Olmstead movers – Self-Advocates Mentor Project – Highline Community College
- 1 youth attended the Youth Leadership Forum - GCDE
- 22 parents/professionals received information & updates on special education issues - Special Education Advocacy Project – WSSEC

## **SAN JUAN - 0**

### **SKAGIT COUNTY - 32**

- 20 self-advocates trained in advocacy - Self-Advocacy Initiative - Arc of Washington
- 1 member of SAIL Coalition
- 10 parents/professionals received information/updates on special education issues - Special Education Advocacy Project – WSSEC
- 1 self-advocate attended the Youth Leadership Forum - GCDE

### **SKAMANIA COUNTY - 4**

- 4 parents/professionals receiving information/updates on special education issues - Special Education Advocacy Project – WSSEC

### **SNOHOMISH COUNTY - 136**

- 1 board trained - Boards & Commissions Project - People First of Washington
- 14 self-advocates trained in advocacy - Self Advocacy Initiative - Arc of Washington
- 4 members of the SAIL Coalition
- 19 parents/professionals received information & updates on special education issues - Special Education Advocacy Project – WSSEC
- 11 students participated in transition to work – Transition Project – Provail
- 3 youths attended the Youth Leadership Forum – GCDE
- 50 people attended a Developmental Disabilities Endowment Trust outreach presentation – Arc of Washington



- 1 self-advocate mentoring an Olmstead mover – Self-Advocates Mentor Project – Highline Community College
- 14 individuals attended Health Promotion training – Health Care Training Project – UW
- 19 self-advocates received advocacy training – Self-Advocacy Initiative – Arc of Washington

## **SPOKANE COUNTY - 79**

- 32 self-advocates trained in advocacy – Self-Advocacy Initiative – Arc of Washington
- 2 boards trained, 3 self-advocates appointed to boards - Boards & Commissions Project – People First of Washington
- 5 members of the SAIL coalition
- 1 self-advocacy coordinator – Self-Advocacy Initiative – Arc of Washington
- 10 self-advocates participated in a health care focus group – Health Care Training Project – UW
- 26 parents/professionals received information & updates on special education issues - Special Education Advocacy Project – WSSEC

## **STEVENS COUNTY – 65**

- 25 parents/professionals received information & updates on special education issues - Special Education Advocacy Project – WSSEC
- 40 people attended a Developmental Disabilities Endowment Trust outreach presentation – Arc of Washington

## **THURSTON COUNTY - 39**

- 5 members of the SAIL coalition
- 1 youth attended Youth Leadership Forum - GCDE
- 8 parents/professionals received information & updates on special education issues - Special Education Advocacy Project – WSSEC
- 30 Work Source Center staff attended Disability Awareness Training – Training Project –TASLE
- 5 self-advocates attended advocacy training – Self-Advocacy Initiative Project – Arc of Washington
- 21 people attended Developmental Disabilities Endowment Trust outreach presentation – Arc of Washington

### **WAHKIAKUM COUNTY - 1**

- 1 parent/professional received information & updates on special education issues - Special Education Advocacy Project – WSSEC

### **WALLA WALLA COUNTY - 24**

- 7 parents/professionals received information & updates on special education issues - Special Education Advocacy Project – WSSEC
- 13 individuals received Health Promotion training – Health Care Training Project –UW
- 4 self-advocates attended advocacy training – Self-Advocacy Initiative – Arc of Washington

### **WHATCOM COUNTY - 131**

- 1 youth attended the Youth Leadership Forum – GCDE
- 14 self-advocates trained in advocacy - Self Advocacy Initiative - Arc of Washington
- 2 boards trained, 4 self-advocates appointed to boards - Boards & Commissions Project - People First of Washington
- 12 parents/professionals received information & updates on special education issues - Special Education Advocacy Project – WSSEC
- 4 families receiving parenting skills training – Parenting Project – Arc of Whatcom County
- 12 members of the SAIL Coalition
- 3 self-advocates developed plans – Person-Centered Planning - Arc of Whatcom County

### **WHITMAN COUNTY - 12**

- 12 parents/professionals received information & updates on special education issues - Special Education Advocacy Project – WSSEC

### **YAKIMA COUNTY - 190**

- 70 people attended self-determination training – Training Project - TASLE
- 37 self-advocates trained in advocacy - Self Advocacy Initiative - Arc of Washington
- 46 parents/professionals received information & updates on special education issues - Special Education Advocacy Project – WSSEC
- 6 members of the SAIL coalition

- 1 self-advocate appointed to a board – Boards & Commissions Project – People First
- 12 students received enhanced work experience – Transition Project – Provident Services
- 18 individuals received Health Care Resources training – Health Care Training Project - UW

For additional information about the Council's projects, please contact:  
Clare Billings 1-800-634-4473, or 360-586-3565 [clareb@cted.wa.gov](mailto:clareb@cted.wa.gov)